



DISCOVER

# WRITE ON: RECONNECT WITH INSPIRATION

FOR LEADERS WHO WANT TO ENHANCE EMPATHY

We naturally feel a deeper connection with someone whom we regard as authentic. THE WRITE ON JOURNEY teaches how to use stories as a leadership tool, for real engagement and influence.

## A JOURNEY OF SELF DISCOVERY:

These journeys focus on understanding who we are and understanding each other better. By connecting at a deeper level we are inspired by each other's courage and history and feel a powerful urge to support each other. We get to know each other better and we learn what our mutual needs are. We emerge more confident in ourselves, feeling empowered, with a greater respect and appreciation of each other and the wider individual journeys we are all embarked on.

## PLOTTING THE JOURNEY:

01.

Take time to be present and look deeper within

02.

Establish new personal building-blocks for change

03.

Be more forgiving of yourself and back your ability to achieve greatness

04.

Find a deeper sense of purpose and potential within

05.

Become more authentic by allowing yourself to be more vulnerable

## JOURNEY OUTCOME:

- An opportunity to place focus on personal well-being
- Learn how to find a better balance between work and personal life
- Gain greater personal focus
- Find new approaches for personal health and greater well-being
- Navigate new paths to greater performance through gentle mind work

## NURTURE

THE NURTURE DOMAIN FOCUS ON ENABLING WELLBEING



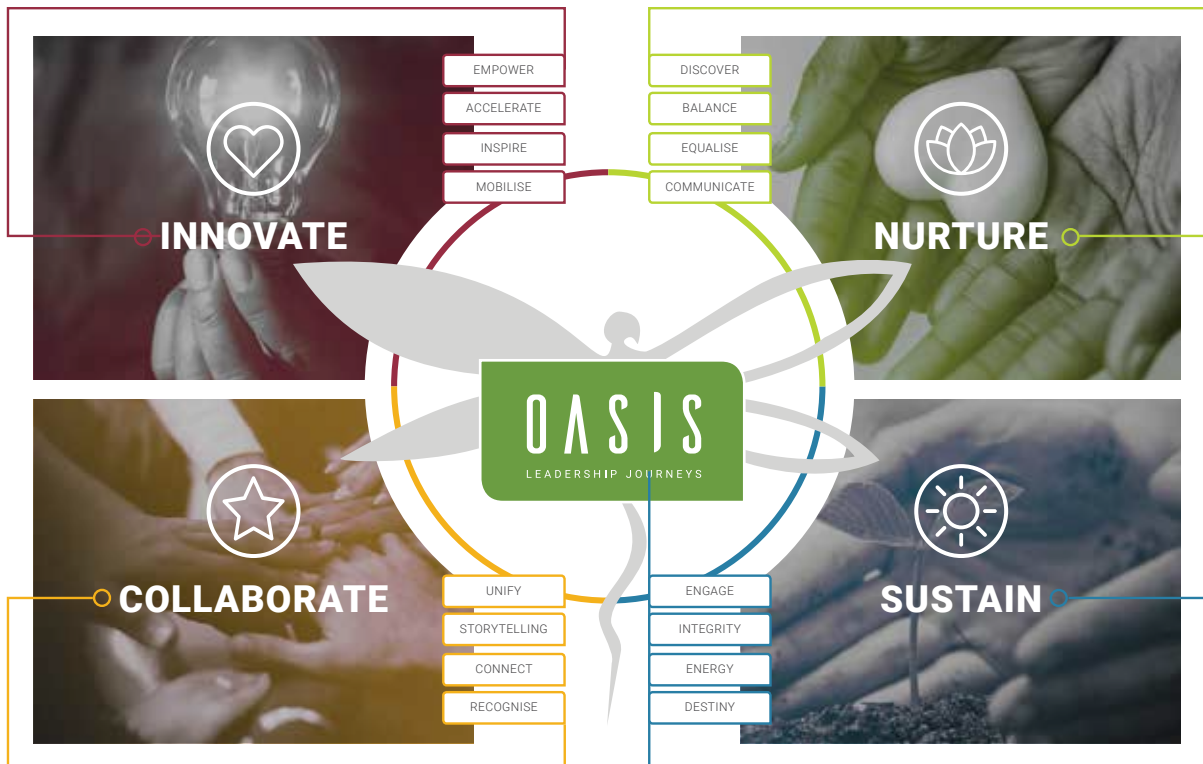
# About Empanda

**Helping Leaders to engage, enable and evolve tomorrow's world.**

Journeys and experiences that help business leaders to engage, enable and evolve. We are artists of facilitation and storytelling, with a real world Inspiration Centre designed to welcome you, and a virtual platform to enable scalable, interactive connection with our wider world.



## HELPING LEADERS TO ENGAGE, ENABLE AND EVOLVE THEIR WORLD



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